Coronavirus (COVID-19)
General Prevention

Stay home when you are sick

Avoid contact with people who are sick

Get adequate sleep and eat well-balanced meals

Wash hands often with soap and water – 20 seconds or longer

Dry hands with a clean towel or air dry your hands

Avoid touching your eyes, nose, or mouth with unwashed hands or after touching surfaces

Cover your mouth with a tissue or sleeve when coughing or sneezing

Clean and disinfect “high touch” surfaces often

Call before visiting your doctor

Clean all “high-touch” surfaces every day.

High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tables, and bedside tables. Also, clean any surfaces that may have blood, stool, or body fluids on them. Use a household cleaning spray or wipe according to the label instructions. Labels contain instructions for safe and effective use of the cleaning product including precautions you should take when applying the product, such as wearing gloves and making sure you have good ventilation during use of the product.

If you are concerned that you have been exposed to COVID-19, please call your healthcare provider and the Florida Department of Health in Broward County at 954-412-7300 before visiting any healthcare facility.